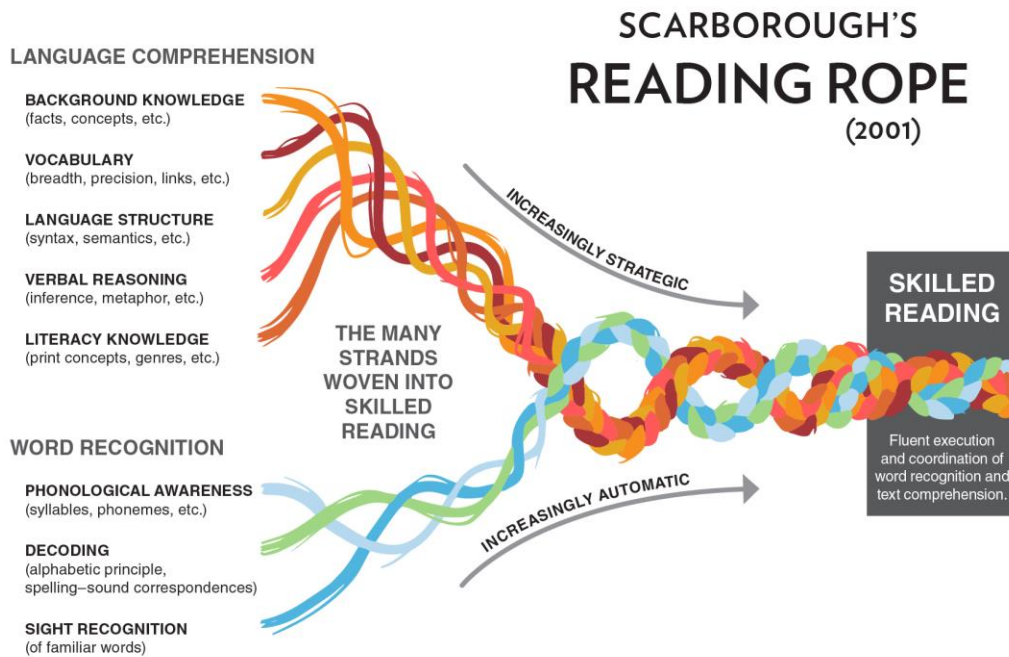




# Bendigo Special Developmental School Whole School Approach to English



*\* Driving Learning Growth \* Uniting to Achieve Excellence  
\* Valuing Diversity with Kindness and Respect \* Ensuring Equity of Opportunity*



## At Bendigo Special Developmental School, we use an evidence-based, whole-school approach to teach reading, writing and spelling.

*\*Uniting to achieve excellence*

We use the FIVE from FIVE website which was developed with the objective of promoting effective, evidence-based reading instruction, by providing free resources to teachers, principals and parents and advocating for evidence-based policy with politicians and policy makers. <https://fivefromfive.com.au/about/>

The Five from Five project states that:

**Major reviews of reading not only agree on the key components of reading programs – the [five 'keys' to reading](#) – but also the most effective way of teaching them. They find that explicit or 'direct' instruction is the most effective teaching method, especially for the fundamental code-based components – phonemic awareness and phonics.**

According to Professor Keith Stanovich, "That direct instruction in alphabetic coding facilitates early reading acquisition is one of the most well-established conclusions in all of behavioural science."

**Explicit instruction** is a teaching model, rather than a specific teaching program.

Explicit instruction has the following characteristics:

- Teacher directed
- Planned and sequenced lessons
- Clear and detailed instructions and explanations
- Content / skills are introduced in small steps
- Practice after each step
- Modelled and guided instruction and practice – ('I do – we do – you do')
- Teaching to mastery
- Frequent, systematic monitoring and feedback
- High level of teacher-student interaction
- Cumulative reviews and spaced practice



## The five keys are:

- 1) Phonemic Awareness (being able to hear, identify and use sounds in words)  
E.g. c/at, el/e/phant com/pu/ter
- 2) Phonics (systematically teaches letter sound correspondences in a certain order and then builds up to blending these sounds together to read, write and spell words)  
E.g. a-t, t-r-u-ck, s-p-l-a-t, b-r-ow-n, g-r-ou-n-d. Reading and spelling are taught as reversible processes.
- 3) Fluency (the ability to read with speed, accuracy, and expression)
- 4) Vocabulary (the meanings of words we need to know to understand what we read)
- 5) Comprehension (using experiences and knowledge of the world, vocabulary, language structure, and reading strategies to make sense of the text)

**Please Note:** All of these keys are individualised for every student and take into consideration their levels of communication (e.g. PODD, Pro Lo Quo to Go, Visual Displays, and Modified Eye Gaze PODD Book)

*We have four components of our English teaching at Bendigo that fit each of the 5 keys.*

### 1. Systematic Synthetic Phonics

- 1) Phonemic Awareness
- 2) Phonics

This is where students are taught the sounds one by one and have 'Just Right' decodable books matched exactly to their reading level. See the Little Learners Love Literacy Scope and Sequence on page 12 of this document.

This means the books the students read and take-home readers now look a bit different to how they have before. Students may have to read the same 'just right' books over and over until they can read them fluently.

Little Learners Love Literacy is an Australian based program whose mission is to teach ALL children to read, write and spell with confidence. Little Learners Love Literacy® is a sequential, explicit program focussing on phonics and backed by research. For more information on this program go to <https://littlelearnersloveliteracy.com.au/>

Students need all of Stage 1 sounds and Stage 1 Heart Words\* before they can move on to reading books. If they are working on the sounds leading up to stage one, they will have books that look a bit different. These are called sound books. It is REALLY important that their 'just right' sound books do not have words yet because they do not have all the sounds they need to read the words in books yet.

\*Heart Words are also known as "high-frequency words". This means they come up frequently in written language, including in children's books, but not all of them are easily decodable for beginning readers, for example, *the, I, me, they*.



## 2. Shared Reading

- 🔑 1) Fluency
- 🔑 2) Vocabulary
- 🔑 3) Comprehension

In Shared Reading, we read the same book many times working on different things each time. For example:

### During Reading

*The purpose of reading the book on Day 1 is enjoyment and to encourage students to notice patterns of text or initiate wonderings about things that are happening in the text.*

*NEED: Sticky Notes for noticing, wondering and unknown vocab*

*Draw attention to the words in the text*

- ✓ *"Let's look at the picture first, now I am going to read the words and see what the story tells us"*
- ✓ *Point to the words while reading ask students to follow along with their eyes*
- ✓ *Pause occasionally to ask students to predict next word*
- ✓ *Ask students to think about their predictions- were they right or wrong?*
- ✓ *Model words you think they might not know say something like:*

*For new vocabulary: "I am wondering what this word means, I am going to put a sticky note on it to remind me to come back to that word later.*

*Good readers find out what words mean.*

Some classes work on the book for a week (minimum), some look at the book over two weeks and some classes even use the same book for a whole term, exploring lots of different themes and activities.

## 3. Independent/Supported Reading

- 🔑 1) Phonemic Awareness
- 🔑 2) Phonics
- 🔑 3) Fluency
- 🔑 4) Vocabulary
- 🔑 5) Comprehension

Every single student in our school has a book box that has at least two 'just right' books and lots of other interest-based reading. The 'just right' books are the ones where they practise their reading with the teacher and are assessed for their fluency with the words or sounds in the book. The other books/texts are to practise their enjoyment of reading and working on building vocabulary and comprehension by talking about what is going on, what might happen next, why a character responded the way they did, with familiar adults. These books/texts are not 'just right', therefore the student is not focussed on reading the words.

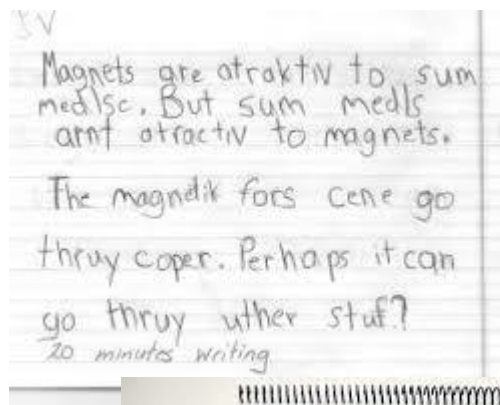


### 4. Writing

Systematic Synthetic Phonics is not only a way of teaching children to read. It has been identified both here and overseas as the most successful approach to the teaching of reading, writing and spelling. The 'synthetic' component reflects the practice of 'synthesising' or blending sounds together. The 'phonic' part reflects the process of linking individual speech sounds (phonemes) to written symbols (graphemes).

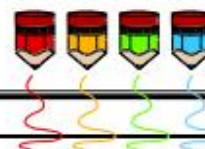
Essentially, when a child learns to read using Systematic Synthetic Phonics, they learn to link letters to speech sounds and then blend these sounds together to read words. They also learn to separate (segment) words into their constituent sounds and link these sounds to letters in order to spell them.

Students usually start writing along the developmental continuum (see the next page). Using a systematic synthetic phonics approach, students will start making letter-like shapes that match the sound they are currently working on. This is quite a complex process as the students have to hear the sound, know that it matches with a letter shape, identify what the letter shape looks like and then replicate it in some manner. All writing starts from the connection of thoughts to a written symbol.





# Developmental Writing Continuum



|                             |   |
|-----------------------------|---|
| Exploration .....           | Scribbles, marks on paper   |
| Early Pre-Conventional..... | Drawing with details  |
| Pre-Conventional.....       | Drawing, random letters   |
| Emergent.....               | Pictures, letter/sound connection, attempts words, directionality                             |
| Developing.....             | Meaning in text with words, spaces, sentences   |
| Developing Discovery.....   | Expanded statements, moving toward more development   |
| Beginning.....              | General topic developed with expanded list, simple sentences, some conventions                |
| Novice.....                 | Specific topic with supporting details and expansions, simple organization                    |
| Bridging.....               | Develops several ideas on surface of specific topic, some coherence and organization,         |
| Bridging Discovery          |   |
| Expanding.....              | Explores topic with focus, beyond surface, control of some aspects of writer's craft          |
| Independent.....            | Developed focus, sufficiently adequate craft  |
| Fluent.....                 | Expanded focus, purposeful crafting, moving toward complexity                                 |
| Sophisticated.....          | Insightful, expanded development with perspective, complexity, and significance, well-crafted |

Some students will then go from writing single letters to writing single words to then putting their thoughts and ideas into sentences. There are many skills that need to be mastered when learning to write; the trick is to break them down into achievable goals.



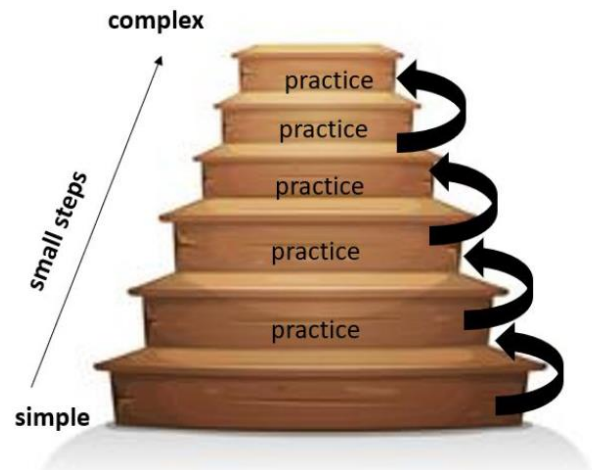
## Teaching Reading, Writing and Spelling Together

# Why teach reading with systematic phonics?

The English Alphabetic Code is complex.

When you teach anything complex you create a scaffolding with these pedagogical features:

- Simple to complex
- Stair-step progression
- Systematic scope and sequence
- Practice and consolidation along the way
- Cumulative teaching



Systematic Synthetic Phonics (SSP<sub>h</sub>) is built on the alphabetic principle. It is a structured, cumulative and evidence-based method of teaching reading, whereby students are taught the links between letters and the speech sounds they represent. Our students learn that sounds (phonemes) are represented by letters (graphemes). We teach students that letter sounds can be blended or 'synthesised' together to form words. The 'synthetic' in SSP<sub>h</sub> means 'composed' or 'built from'. Systematic Synthetic Phonics is a bottom-up approach in that instruction starts not with whole words but with the most basic sound unit, the phoneme. The reading process involves decoding or 'breaking' words into separate sounds blended together to read an unknown word.

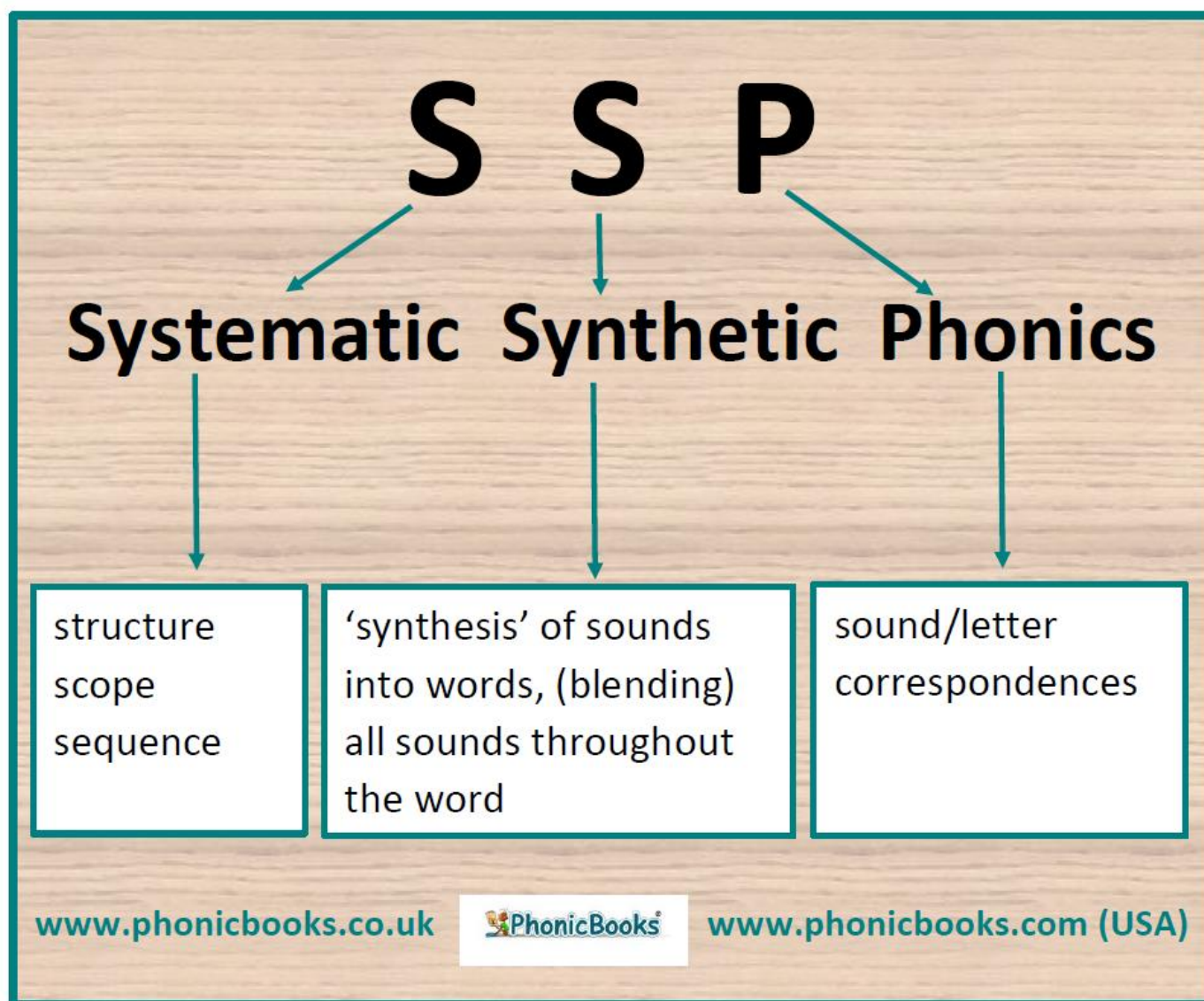
It is worth noting that English does not have a completely transparent orthography (writing system), like languages such as Italian and Finnish. Instead, we have 26 letters to represent 44 speech sounds, so we have to combine letters to achieve this. In addition, the history of English means that we have inherited not only a large number of words from other languages, but also the *spellings* from those languages (e.g., the Germanic spelling of the word "night"). SSP<sub>h</sub> starts with the *simple code*, where there is a 1:1 correspondence between sounds and letter and progresses to the *complex code*, where the correspondence is not as transparent. At Bendigo Special Developmental School, students are explicitly instructed how blending and segmenting words is a reversible process; if you can read a word, you can spell it.



In 2018, Bendigo SDS introduced Little Learners Love Literacy (LLLL) Systematic Synthetic Phonics program which is sequenced into 7 stages, allowing us to teach children the 44 sounds of spoken English and their representation by 26 letters in a sequential way. We aim to teach ALL our children to read, write and spell. Our program is supported by evidence-based research and includes phonemic awareness, phonics, vocabulary knowledge, fluency and comprehension. Each stage is sequentially taught so children can learn, apply and practise their developing skills in words and connected text.

We are committed to integrating each student's preferred communication system or device into all of their learning and acknowledge that without effective, functional communication students may not have full access to the curriculum and other learning opportunities alongside their peers.

*\*Valuing diversity with kindness and respect*




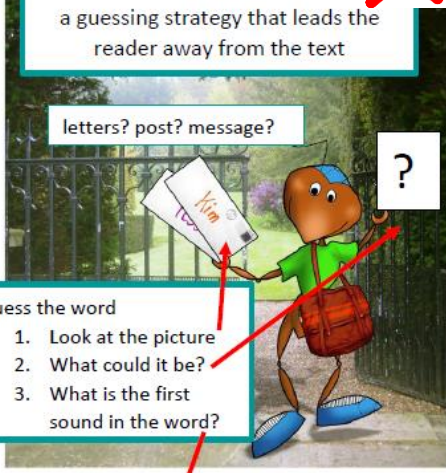

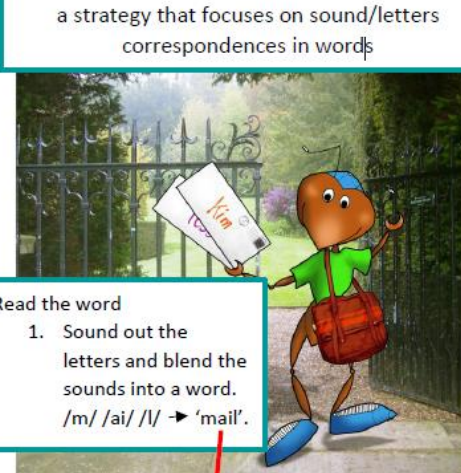


## -What it is not

Balanced Literacy or it is sometimes called a whole language approach which is a "philosophical orientation that assumes that reading and writing achievement are developed through instruction and support in multiple environments using various approaches that differ by level of teacher support and child control" (Fountas & Pinnell, 1996). The argument behind Balanced Literacy is that because reading is a meaning-based process, instruction should begin with meaning, but this overlooks the fact that in order to access the meaning, children need to be able to crack the written code. Many Balanced Literacy advocates argue that "phonics in the mix" but if it is, it is taught in an ad hoc, incidental way, and the needs (and learning gaps) of many children are overlooked.

The whole language approach to literacy assumes that students will expand their understanding of text and reading concepts through repeated exposure to rich, children's literature. Although phonics, decoding, and spelling are addressed in word study in balanced literacy classrooms, they are not explicitly or systematically taught. Rather, students are encouraged to activate the "three cueing system", which promotes guessing based on semantics (context clues, pictures, background knowledge), syntax (use of language patterns), or graphophonic cues (sounding out words). This approach was supported by an early intervention program targeted at students struggling to read called Reading Recovery.

Predictable texts sometimes called patterned texts which are a specific type of book used in the earliest stages of reading instruction. Predictable texts are constructed to encourage beginning readers to memorise whole words and sentences and to use picture cues to 'read' unknown words.

|   |   |
|---|---|
| <p><b>3-cueing approach</b> </p> <p>a guessing strategy that leads the reader away from the text</p>  <p>Pip has <u>mail</u> in his hand.<br/>"I must get the mail to my pals," he says.</p> <p>1</p> | <p><b>Decoding approach</b> </p> <p>a strategy that focuses on sound/letters correspondences in words</p>  <p>Pip has <u>mail</u> in his hand.<br/>"I must get the mail to my pals," he says.</p> <p>1</p> |
|---|---|



## What it is not (continued)

### Synthetic Phonics

Synthetic phonics is about teaching the sounds but the evidence states that it is the systematic component that makes the program work with validity and efficacy.

Analytical Phonics (sometimes referred to as Embedded Phonics or Implicit Phonics) refers to a very common approach to the teaching of reading that starts at the word level, not at the sound (phoneme) level. One method is to have students identify a common sound in a set of words that each contain that same sound.

### Synthetic Phonics vs Analytic Phonics

**Synthetic Phonics** – the reader is taught to sound out **individual sounds** in a word and blend them into the word. The reader 'synthesizes' (blends) the individual sounds into a word, e.g.  $/f/ /r/ /o/ /g/ \rightarrow$  'frog'.

**Analytic Phonics** – the reader is taught by breaking the word up into **word parts**. This begins with an 'analysis' of the whole word which is broken into onset and rime, e.g.  $'fr' + 'og' \rightarrow$  'frog'

**Verdict:** Based on research (Watson and Johnson, 2004), the Rose Report (2006) reviewed methods of reading instruction and concluded that **Synthetic Phonics was the most effective way to teach all children to read.**

[www.phonicbooks.co.uk](http://www.phonicbooks.co.uk)



[www.phonicbooks.com \(USA\)](http://www.phonicbooks.com)

 Systematic Synthetic Phonics



## Cognitive Load Theory (Sweller)

1. Working memory has limited space (4-7 items)
2. To avoid students experiencing cognitive overload, teachers should limit content to that which is intrinsic to learning specific skills or knowledge being taught
3. Some extraneous learning is important in its own right but should not be included in the lesson

### What does this mean for reading instruction?

#### Intrinsic to learning to decode:

1. Understanding the Alphabetic Principle
2. Sound/letter correspondences
3. Blending sounds into words
4. Segmenting sounds in words
5. Manipulating sounds in words
6. Understanding that sounds can be spelled in different ways
7. Understanding that spellings can represent different sounds

#### Extraneous to learning to decode:

1. Rhyme (important for literacy)
2. Alliteration (important for literacy)
3. Syllables (important later when children start to read longer words)
4. Letter names (useful later for dictionary skills and spelling)



## Systematic Synthetic Phonics

Needs to follow a 'system': this is called a scope and sequence. At Bendigo SDS we use the Little Learners Love Literacy Scope and Sequence, which is based on the frequency of the most commonly used speech sounds in the Australian language.

| LITTLE LEARNERS LOVE LITERACY® |  |
|--------------------------------|--|
| STAGE 1                        | m s f a p t c i  |
| STAGE 2                        | b h n o d g l v  |
| STAGE 3                        | y r e qu z   |
| STAGE 4                        | j u k x w <span style="float: right;">Introducing plural 's'</span>                          |
| STAGE PLUS 4                   | Double consonants ll ss ff <span style="float: right;">More plural 's'</span>                |
| STAGE 5                        | Consonant digraph ck <span style="float: right;">Consonant blends/adjacent consonants</span> |
| STAGE 6                        | Consonant graphemes sh ch th ng  |
| STAGE 7                        | Unit 1:<br>Vowel graphemes ai ay ee ea -y igh ie -y oa                                       |
|                                | Unit 2 ar or aw er ur ir air   |
|                                | Unit 3 oo ow ou oi oy  |
|                                | Unit 4 a-e e-e i-e o-e u-e   |
|                                | Unit 5:<br>Alternative graphemes ed ce ci cy ge dge gi gy ph le wr                           |



## *The 44 Sounds (Phonemes) of English*

A phoneme is a speech sound. It's the smallest unit of sound that distinguishes one word from another. Since sounds cannot be written, we use letters to represent or stand for the sounds. A grapheme is the written representation (a letter or cluster of letters) of one sound. It is generally agreed that there are approximately 44 sounds in English, with some variation dependent on accent and articulation.

The 44 English phonemes are represented by the 26 letters of the alphabet individually and in combination.

Phonics instruction involves teaching the relationship between sounds and the letters used to represent them. There are hundreds of spelling alternatives that can be used to represent the 44 English phonemes. Only the most common sound / letter relationships need to be taught explicitly.

The 44 English sounds can be divided into two major categories – consonants and vowels. A consonant sound is one in which the air flow is cut off, either partially or completely, when the sound is produced. In contrast, a vowel sound is one in which the air flow is unobstructed when the sound is made. The vowel sounds are the music, or movement, of our language. The 44 phonemes represented below are in line with the International Phonetic Alphabet.



44 Sounds (Phonemes) of English

| The Initial Code sounds represented in words are at the top- Extended Codes represented in words are underneath<br>Chart starts from the most commonly represented sounds through to the most complex |  |  |  |  |   |   |   |  |   |    |
|---|--|--|--|--|---|---|---|--|---|----|
| 1   | /m/<br>monkey<br>hammer<br>comb<br>column                  | /s/<br>snake<br>dress<br>horse<br>city<br>ice<br>science                   | /f/<br>frog<br>coffee<br>dolphin<br>calf<br>enough     | Short /a/<br>alligator                                 | /p/<br>penguin<br>happy                           | /t/<br>turtle<br>kettle   | /c/<br>caterpillar<br>kitten<br>duck<br>school<br>quail<br>soccer                       | Short /i/<br>insect<br>pyramid<br>England<br>syrup<br>women<br>busy  | /b/<br>bear<br>bubbles  | 9  |
| 2   | /h/<br>hippo<br>who  | /n/<br>numbat<br>dinner<br>knee<br>gnome<br>pneumonia                      | Short /o/<br>octopus<br>swan<br>honest                 | /d/<br>dog<br>ladder                                   | /g/<br>goat<br>egg<br>ghost<br>guest<br>catalogue | /l/<br>lion<br>bell   | /v/<br>vulture<br>sleeve  | /y/<br>yak<br>onion<br>hallelujah  | /r/<br>rabbit<br>cherry<br>wrist<br>rhythm                          | 8  |
| 10  | Short /e/<br>elephant<br>bread<br>friends<br>leopard       | /z/<br>zebra<br>fizz<br>scissors<br>sneeze<br>laser<br>cheese<br>xylophone | /j/<br>jellyfish<br>giant<br>cage<br>bridge<br>soldier | Short /u/<br>uncle<br>glove<br>double                  | Long /u/<br>arm                                   | /w/<br>water<br>whale<br>quilt<br>choir                                 | /sh/<br>shark<br>station<br>chef<br>special<br>ocean<br>sugar<br>musician<br>conscience | /ch/<br>chair<br>watch   | /th/<br>unvoiced<br>thumb   | 17 |
| 19  | /th/<br>voiced<br>feather                                  | /ng/<br>king<br>ink<br>tongue  | /z/<br>treasure<br>azure<br>television                 | Long /o/<br>baby<br>tape a-e<br>snail<br>tray<br>eight | /air/<br>hair<br>square<br>pear<br>there<br>their | Long/e/<br>me<br>beach<br>tree<br>key<br>pony                           | /ear/<br>ear<br>deer<br>here<br>tier  | /ex/<br>fern<br>shirt<br>worm<br>fur<br>pearl  | Long /i/<br>tiger<br>kite i-e<br>light<br>fly<br>pie<br>height      | 26 |
| 28  | Long /o/<br>nose<br>boat<br>note o-e<br>snow<br>sew<br>toe | /oi/<br>coin<br>toy  | /oo/<br>book<br>bull<br>could                          | Long /a/<br>moon<br>screw<br>glue<br>fruit<br>canoe    | /ure/<br>pure<br>tour                             | /or/<br>fork<br>ball<br>sauce<br>saw<br>door<br>board<br>caught<br>core | /ow/<br>cow<br>house<br>bough   | Schwa<br>The schwa is the most common sound /uh/<br>(like the sound someone makes when trying to<br>think of a word). It sounds like the short /u/<br>sound, but is softer and weaker. | teacher collar doctor<br>measure zebra garden<br>fossil lion circus | 36 |
| 37  |  |  |  |  |   |   |   |  |   | 44 |
|   |  |  |  |  |   |   |   |  |   | 43 |
|   |  |  |  |  |   |   |   |  |   | 42 |
|   |  |  |  |  |   |   |   |  |   | 41 |
|   |  |  |  |  |   |   |   |  |   | 40 |
|   |  |  |  |  |   |   |   |  |   | 39 |
|   |  |  |  |  |   |   |   |  |   | 38 |
|   |  |  |  |  |   |   |   |  |   | 37 |



## The Schwa

The schwa is the most common sound /uh/ (like the sound someone makes when trying to think of a word). It sounds like the short /u/ sound, but is softer and weaker.

teacher collar doctor  
measure zebra garden  
fossil lion circus

Teachers of reading must be aware of the schwa. The schwa is the **most common vowel sound** in the English language – it accounts for 20% of all vowels spoken, but is the one that teachers usually know least about.

The schwa is an unaccented syllable or as Louisa Moats describes it, the 'syllable with the stuffing knocked out of it'.

The schwa is more prevalent in multisyllabic words but it is present in one syllable words such as 'a' and 'the'. In multisyllabic words, one syllable usually gets greater emphasis than the others. We call this the stressed syllable and the vowel is clearly articulated. The unstressed syllable also contains a vowel however its pronunciation is weak and the vowel not clear – this is the schwa. The schwa can also be influenced by accent.

To demonstrate the effect of the schwa, say the word 'lemon' and listen carefully. The first syllable is stressed and we clearly articulate the 'lem', however the second syllable is unstressed and we pronounce it more like 'uhn', giving us 'lemuhn'. Similarly, the word Melbourne: Australians tend to say 'Melbuhn'. The first syllable, "Mel" is stressed and the second syllable is unstressed and pronounced more like 'buhn'. When American visitors ask for directions to this city they nearly always ask for "Mel-born" and clearly articulate both syllables. (<https://fivefromfive.com.au/the-schwa/>) /l/e/m/o/n  
uh

It is very important when teaching phonemes, we do not add a schwa to the end of the sound. For example, the sound for /p/ is often missaid as p/uh, when in reality when said naturally in words it has a small popping sound. This is often because we want our student to hear the sound so we over emphasise it.

When using phonics clips, please be a schwa detective and only use those that have clear speech sounds.



"All teaching efforts should be initially focused on a single goal, the grasp of the alphabetic principle whereby each letter or grapheme represents a phoneme."

READING IN THE BRAIN, THE NEW SCIENCE OF HOW WE READ, Stanislas Dahan p. 228

### Phonology, phonological awareness, phonemic awareness, phonics

#### What's the difference?

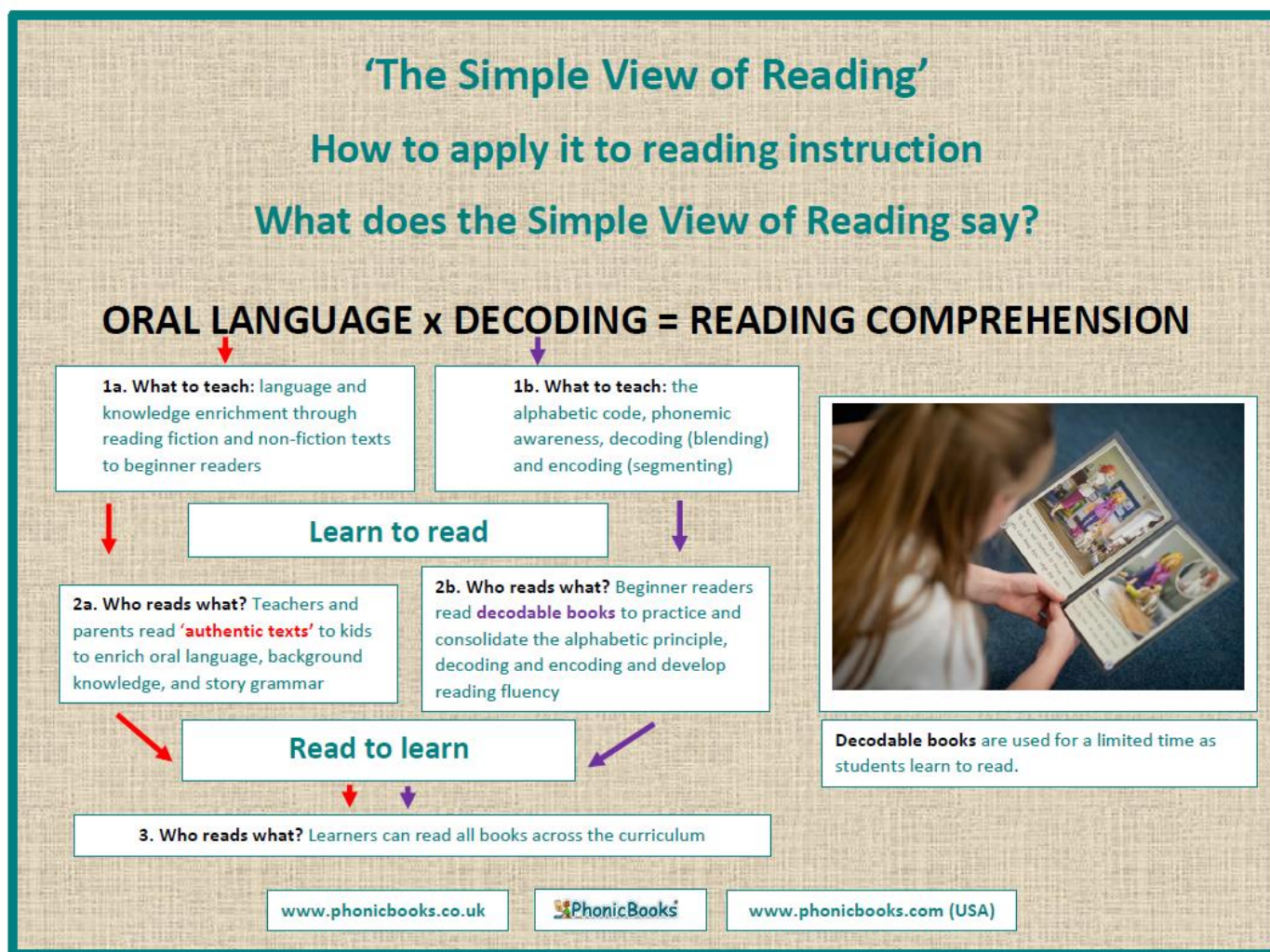
**Phonology** – an area of linguistics that deals with speech sound systems and sound patterns of spoken language

**Phonological awareness** – the ability to break down words into smaller parts: syllables (mag-net), alliteration (Bobby beetle bounced..), onset and rime (m-at) and phonemic awareness (m-a-t)

**Phonemic awareness** – the ability to identify and manipulate individual sounds in words (to blend, segment and manipulate sounds orally)

**Phonics** – the teaching of:

- letter/sound correspondences for reading and spelling (c-a-t = /k/ /a/ /t/)
- blending of individual letters/sounds for reading 'm a t'
- segmenting of individual sounds/letters for spelling 'm a t'



## Why teach kids to read with decodable books?

because decodable books:

- Provide a purpose for learning phonics: We learn phonics in order to read a fun story.
- Offer practice of phonics: kids read texts embedded with the phonics they have already been taught.
- Develop good reading strategies based on the Science of Reading: sounding out the graphemes and blending them into words – not guessing!
- Offer an experience of reading success - a text with controlled words, based on phonics previously taught, provides instant success.
- Create motivation – success brings motivation to continue learning to read – “I can do this!”
- Develop independence – kids learn to work out words for themselves.



## Unlocking the Alphabetic Code for all

Every written script is a secret code. We need the key for that code in order to unlock it.

This is Hebrew. To read this script one would first need to be able to comprehend Hebrew words. Then one would need to know the key to the code and how it works.



The English Alphabetic Code is one of the most complex. How do we unlock it for our kids?

- 1) We show them how it works: from left to right; letters spell sounds of speech; we blend sounds into words.
- 2) We teach the Alphabetic Code: the letter/sound correspondences in English.

If we don't teach the Alphabetic Code, we deprive kids of the key to learning to read. They will remain locked out of the world of reading and all the potential it can bring to their lives. Why wouldn't we?



All words can be decoded.

When we read words we decode them. Even 'sight' words:

was, said, see, say, my, came.

'Sight words' = common words with complex spellings.

## Teach high-frequency words by sound not shape

Then children can apply the sound/letter knowledge to new words!

them



(Whole word – by shape)

them



(Sound/letter correspondences)



## Mapping words vs learning words by sight

- Learning a word by shape (sight) is inefficient and clogs up precious memory

house

memorise 1 word by shape

- Learning to map words helps readers to generalise and continue to 'self-teach' new words

h ou se

map sound/spelling

about round cloud      mouse sense  
ground hound sound      loose goose  
loud shout mount pound      dense tense

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[www.phonicbooks.com](http://www.phonicbooks.com)



## Different ways of looking at a word

word (a distinct meaningful unit of speech or writing)

remained

letters (characters used for representing sounds in speech)

r-e-m-a-i-n-e-d

syllables (mouthfuls of words)

re-mained

phonemes (speech sounds in words)

/r/ /e/ /m/ /a/ /n/ /d/

graphemes (spellings of sounds (phonemes) in words)

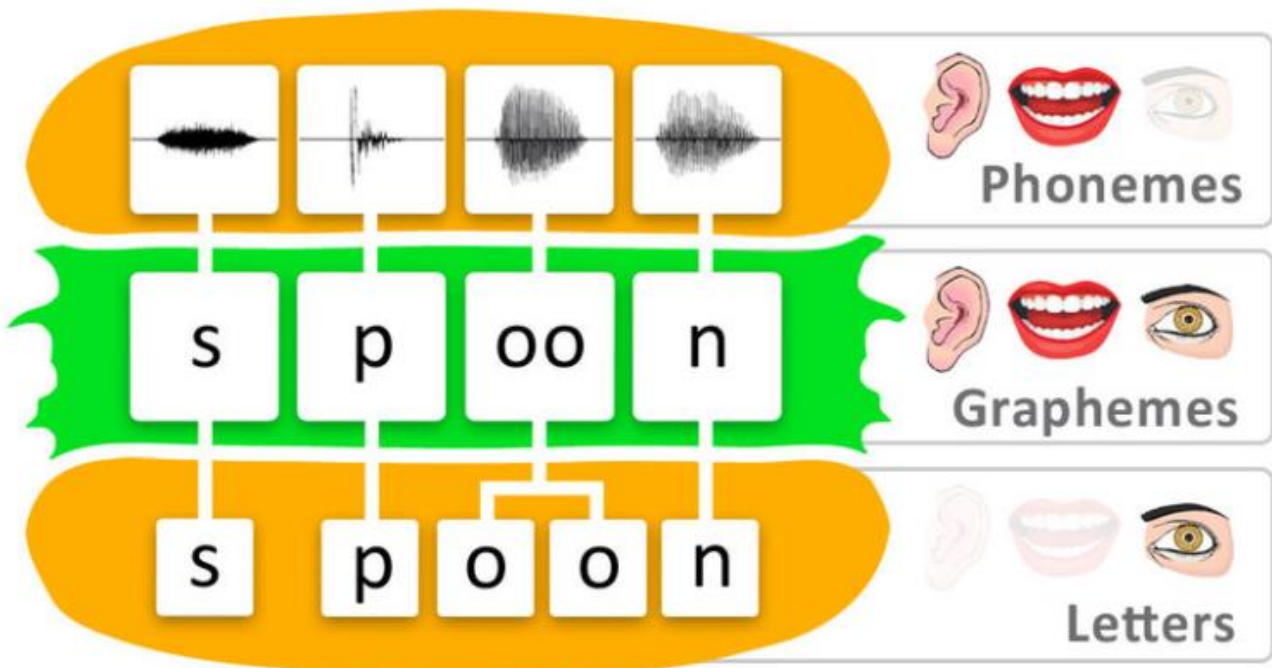
r-e-m-ai-n-ed

morphemes (units of meaning in words)

re-main-ed



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## What is a phoneme?

A phoneme is smallest unit of sound in a word, e.g. the word 'cat' has three phonemes /k /a/ /t/.

## Why do we need phonemes?

The English Alphabetic Code is based on the 44 phonemes in the English language. The letters of the alphabet represent those sounds with 175 letter combinations. Yes, it's complicated!

When we teach reading, we need to show how the alphabetic code works: that the **letters** on the page **spell sounds in words**.

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## What is a digraph?

A **digraph** is when two letters represent one speech sound in a word (phoneme).



A **consonant digraph** is when two letters represent a consonant sound, e.g.

the letters s+h spell the sound /sh/ in the word 'ship'.

A **vowel digraph** is when two letters represent a vowel sound, e.g.

the letters a+i spell the sound /ae/ in the word 'rain'.

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## What is a grapheme?

A grapheme is a **spelling** of a sound (phoneme) in a word. A grapheme can be spelled by 1- 4 letters.

**1-letter grapheme:** each sound is spelled by 1 letter:

c - a - t  
 ↓ ↓ ↓  
 /k/ /a/ /t/

**2-letter grapheme:** a sound spelled by 2 letters:

sh - o - p  
 ↓ ↓ ↓  
 /sh/ /o/ /p/


**3-letter grapheme:** a sound spelled by 3 letters:

n - igh - t  
 ↓ ↓ ↓  
 /n/ /ie/ /t/

**4-letter grapheme:** a sound spelled by 4 letters:

d - ough  
 ↓ ↓  
 /d/ /oe/

|   |        |                              |                  |        |
|---|--------|------------------------------|------------------|--------|
| man   | mammal | climb                        | home             | autumn |
|  |        | /m/ voiced<br>bilabial nasal | m mm mb<br>me mn |        |

|   |        |           |                           |       |
|---|--------|-----------|---------------------------|-------|
| singer  | dollar | razor     | leisure                   | cobra |
|  |        | /ə/ vowel | er ar or ure<br>a e i o u |       |
| dozen   | basil  | apron     | focus                     |       |



## IT ALL STARTS FROM THE INITIAL CODE...

Students need all of Stage 1 sounds to be able to read Stage 1 books. Before this they are working on individual sound books. They practise these in many different ways using different mediums and materials and incorporating many different methods of communication.

| STAGE 1 | STAGE 2 | STAGE 3  | STAGE 4 | STAGE PLUS 4 | STAGE 5 | STAGE 6     |
|---------|---------|----------|---------|--------------|---------|-------------|
| m s f a | b h n o | y r e qu | j u k x | ll ss ff     | ck      | sh ch th ng |
| p t c i | d g l v | z        | w       |              |         |             |

### What is segmenting and blending?

Blending involves **pulling together individual sounds or syllables within words**; segmenting involves breaking words down into individual sounds or syllables. Both processes require a student to hold the individual elements in mind as the word is created or taken apart.

Blending is the skill that helps us read, especially when confronted with unfamiliar words. For learning readers, most words are unfamiliar and they will need to blend many of the words they encounter. It involves pushing together the sounds of the letters in the word in order to create the whole word. For example, a child trying to read the word 'mat', will isolate each of the letter sounds. When these three sounds are said in sequence, the word 'mat' is spoken.

Blending is a difficult skill to master. It requires explicit PRACTICE and lots of it. It's critical to introduce students to the phonemic awareness skills of oral blending. Modelling how to orally blend to create a spoken word and how to break a word apart is how to start a child's blending and segmenting journey. Once children can blend at an oral level, the blending of words in print becomes a lot easier. The key is to ALWAYS incorporate blending activities when teaching letter sounds. We do not wait until all the sounds of the alphabet are done. After the sounds /m/s/f/s/a/p/t have been learnt, words can now start to be blended.



Individual sounds

Stretch them together

Say the whole word

Please Note:  
 If students' segment and blend unknown words within a sentence, they must go back and reread the sentence to build their comprehension.



## How to teach blending

### Method 1

#### 'Decode and blend'

"Say the sounds and read the word."

/m/ /a/ /t/ → "mat"

m a t  
└───┘

Learner says the sounds in the word one at a time, pointing to each sound. Then he/she moves finger under the whole word, blending all the sounds into the word.

### Method 2

#### 'Stretch and blend'

"Stretch the sounds and push them together to read the word."

"mmmmaaaat" → "mat"

m a t  
└───┘

Teacher points to the first letter/sound, asking learner to say the sound and stretch it until the finger reaches the next sound in the word. Teacher moves finger under the whole word, as learner blends all the sounds into the word.

### Method 3

#### 'Add and blend'

"Blend the first two sounds, then add the next sound."

m a [ ]  
└───┘  
"ma"

m a t  
└───┘

"ma" + "t" → "mat"

Teacher conceals third letter/sound. Teacher moves finger under the first two sounds and asks the learner to blend just two sounds, e.g. "m"+"a" = "ma". Teacher repeats 'ma'. Teacher reveals last letter/sound and asks learner to add 't'. Teacher points under the whole word as learner reads 'mat'.

Greater load on working memory

Lesser load on working memory

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## 4 Step Process to Read Unknown Words



1

cat

Can I read this word?  
No? Step 2.

2

cat

● ● ●  
Identify the sounds.

3

cat



Blend the sounds together.

4

cat



Say the word and  
identify its meaning.



# 5 Step Process to Spell Unknown Words



1



Say the word.

2



Stretch the word.

3



Count the sounds.

4



Represent each sound with a letter.

5



Check the spelling looks right.

## Adjacent consonants and consonant digraphs

### What's the difference?

Adjacent consonants are also called 'consonant clusters' and 'consonant blends'. These are two adjacent consonants in a word, e.g.

**st**op

They spell two separate sounds. In the word 'stop' they spell the sounds /s/ and /t/.

A consonant digraph is where two adjacent consonants in a word are combined to spell one sound, e.g.

**sh**ip

In the word 'ship' the consonants <s> and <h> spell one sound /sh/.



## Going from the Initial Code to the Complex Code or Extended Code

SPELLING

# GRAPHEME

*Smallest unit of symbol*

**Graph:** one letter, one sound

**Digraph:** two letters, one sound

**Trigraph:** three letters, one sound

**Quadgraph:** four letters, one sound

**FOR EXAMPLE**

c-a-t  
b-a-th  
s-igh  
m-o-tion

### What is a split vowel digraph?

A **vowel digraph** is when two letters represent one vowel sound, e.g. the letters **a+i** spell the sound /æ/ in the word 'rain'.

A **split vowel digraph** is when the spellings for the vowel sounds /æ/, /e/, /i/, /o/, /u/ and /ue/ are split by a consonant:

|      |    |   |      |
|------|----|---|------|
| /æ/  | ae | → | gate |
| /e/  | ee | → | eve  |
| /i/  | ie | → | fine |
| /o/  | oe | → | hope |
| /u/  | ue | → | rude |
| /ue/ | ue | → | cute |

Split vowel digraphs are also known as a-e, e-e, o-e, i-e, u-e, 'Magic e' and 'Vowel-Consonant-e' (VCe).



## Debbie Hepplewhite's simple to complex Alphabetic Code overview

- Slash marks /ai/ mainly denote *single sound units (phonemes)*. Letters and letter combinations (**graphemes**) appear in single apostrophes 'ay'.
- References to short vowel sounds relate to the sounds as in 'at, enter, in, on, up' denoted as: /a/, /e/, /i/, /o/, /u/ and said in a 'staccato' manner - as opposed to references to the long vowel sounds commonly denoted as: /ai/, /ee/, /igh/, /oa/, /yoo/ as in 'aid, eel, night, oak, statue'.

Key to the 12 units of Debbie's international online synthetic phonics programme:

|           |  |     |     |     |     |      |      |      |
|-----------|--|-----|-----|-----|-----|------|------|------|
| units 1-5 | mainly simple code with options to extend        | 1st | 2nd | 3rd | 4th | 5th  |      |      |
| 6-12      | /air/, /eer/, /zh/, split digraphs, complex code | 6th | 7th | 8th | 9th | 10th | 11th | 12th |

| simple code                   |   | complex code  |                |                |  |                                   |                | teaching points |  |
|-------------------------------|---|---------------|----------------|----------------|--|-----------------------------------|----------------|-----------------|--|
| <b>phonemes and key words</b> | <b>graphemes: spelling variations of the 44+ phonemes and key words</b> |               |                |                |  |                                   |                |                 | Debbie's programme introduces a simple code of at least one letter/s-sound correspondence for each of the 44+ sounds of speech of the English language. It then expands to teach further spellings and their pronunciation variations.   |
| /s/<br>s snake                | s<br>sun  | -ss<br>glass  | -ce<br>palace  | -se<br>house   | ce ci cy<br>cents certain<br>city circle<br>bicycle lacy | sc<br>scent<br>scissors<br>scythe | -st-<br>castle | ps<br>pseudonym | *Short words ending with the /s/ sound with <i>short</i> medial vowel sounds usually end with double letters 'ss' - as in 'glass'.<br>*Sound out double consonants as one sound only.<br>*Double consonants alert the reader to sound out the preceding vowel with its <i>short</i> sound.<br>*Letters e, i or y alert the reader that the preceding 'c' will represent the /s/ sound. (This is 'soft c'.) |
| /a/<br>a apple                | a<br>ant  |               |                |                |  |                                   |                |                 | *For 'a', teach "try the <i>short</i> vowel sound /a/ first, if that does not sound right then try the <i>long</i> vowel /ai/ sound".<br>*Some people pronounce the 'a' in some words as if it were /ar/: e.g. path p-ar-th; grass q-r-ar-s  |
| /t/<br>t teddy                | t<br>tent   | -tt<br>letter | -ed<br>skipped |                |  |                                   |                |                 | *Double consonants alert the reader to sound out the preceding vowel with its <i>short</i> sound.<br>*Past tense of verbs leads to 'ed' graphemes for /t/, /d/, /e+d/.   |
| /i/<br>i insect               | i<br>igloo  | *-y<br>sunny  | -y<br>cymbals  | *-ey<br>monkey | *-ie<br>movie  |                                   |                |                 | *Letters 'i' and 'y' and the sounds they represent have very close links. Here the letter 'y' acts as a vowel-letter and vowel-sound.<br>* End graphemes 'y', 'ey' and 'ie' sound between /i/ and /ee/.  |



**Decodable books are used for a limited time as beginner readers learn to decode.**

**Like training wheels on a bike, once the rider is proficient, the training wheels come off and the rider takes off!**